

How to make a highlights video for college or pro volleyball

You don't need to use the whole point, just your good action. For example, if you are a hitter, you don't need the serve, pass, set then hit. Just the set and hit will be fine. Remember, this is about you and not the other players. It also makes it more compact and exciting.

Ideally you would make a video in year 10, 11, 12 and post school to show development.

Some things to think about:

- Have a welcome page, your name, height, position, date of birth
- Use max of 2 games footage
- If you are comfortable, introduce yourself on video, they like that stuff
- Don't use music. Youtube will copyright it and block your video
- Use headings, they make it interesting
- The camera should be at the back of the court. Elevated a few meters if possible
- Say thanks for watching at the end
- 3 minutes maximum, make it great and keep them interested

Please watch this for a great example: <https://youtu.be/SNptSWaUOfk>

What should your video contain for your position on court?

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| <ul style="list-style-type: none"> - Setter: <ul style="list-style-type: none"> o Setting to fast to 4, 3, 2, backrow o Setting high balls o Tips or attacks o Serving o Blocking o Defence - Pass Hitter: <ul style="list-style-type: none"> o Attack fast 4, 2, backrow o Attack highballs o Passing o Blocking o Defence o Serving | <ul style="list-style-type: none"> - Middle Blocker: <ul style="list-style-type: none"> o Attacking o Blocking o Serving o Defence o Setting - Libero/DS: <ul style="list-style-type: none"> o Passing from float o Passing from spin o Defence o Setting o Serving if female. Can serve in USA! - Opposite: <ul style="list-style-type: none"> o Attack fast in 2, 4, backrow o Attack highballs o Blocking o Defence o Serving o Reception if you do any |
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