



GMVA Junior-Senior Girls Mondays 2025

Summer Sand Cycle - 2024 Dates		Winter Indoor Cycle - 2025 Dates	
11-Nov	7pm-9pm - Bring shoes	12-May	6pm-8pm
18-Nov	6pm-8pm - Bring shoes	19-May	6pm-8pm
25-Nov	No Training VVJO	26-May	6pm-8pm
2-Dec	7pm-9pm - Bring shoes	2-Jun	6pm-8pm
9-Dec	6pm-8pm - Bring shoes	9-Jun	No Training, Kings Birthday
Summer Sand Cycle - 2025 Dates		16-Jun	6pm-8pm
13-Jan	7pm-9pm - Bring shoes	23-Jun	6pm-8pm
20-Jan	6pm-8pm - Bring shoes	30-Jun	6pm-8pm
27-Jan	No Training, Australia Day	7-Jul	6pm-8pm
3-Feb	7pm-9pm - Bring shoes	14-Jul	No Training, School Holidays
10-Feb	6pm-8pm - Bring shoes	21-Jul	6pm-8pm
17-Feb	7pm-9pm - Bring shoes	28-Jul	6pm-8pm
24-Feb	6pm-8pm - Bring shoes	4-Aug	6pm-8pm
3-Mar	7pm-9pm - Bring shoes	11-Aug	6pm-8pm
10-Mar	No Training, Labour Day	18-Aug	6pm-8pm
Winter Indoor Cycle - 2025 Dates		25-Aug	6pm-8pm
17-Mar	6pm-8pm	1-Sep	6pm-8pm
24-Mar	6pm-8pm	8-Sep	6pm-8pm
31-Mar	6pm-8pm	15-Sep	6pm-8pm
7-Apr	6pm-8pm	22-Sep	6pm-8pm
14-Apr	No Training, School Holidays	29-Sep	No Training, School Holidays
21-Apr	No Training, Easter Monday	6-Oct	6pm-8pm
28-Apr	6pm-8pm	11-Oct	Mornington Open
5-May	6pm-8pm	12-Oct	Mornington Open
All Training Sessions are at the State Volleyball Centre 270 Stud Road in Dandenong North			

